



## Ezy™ Sock

Catalog Number 73854-0001  
U.S. Patent #5,632,424

## Double Ezy™ Sock

Catalog Number 73854-0002  
U.S. Patent #5,630,534

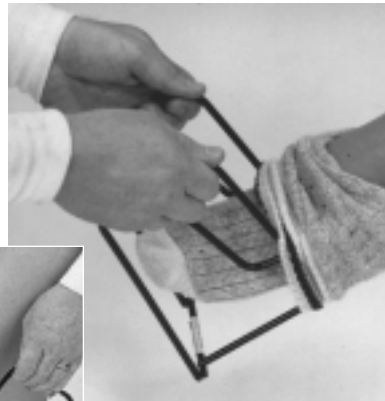
The following instructions are appropriate with either the Single Ezy™ Sock or the Double Ezy™ Sock.

1. Place the Ezy™ Sock device beside you on a table or bed, with the opening of the half-circle facing away from you.
  2. Place the sock or stockings over the column with the heel towards you. With both hands drape stockings over the column. **Do not** twist or bunch the stockings. The toe of the sock should be approximately 1" below the top of the column. (To use with loose fitting pants, drape the pants over the handles of the Double Ezy™ Sock.)
  3. While in a seated position place your toe in the opening of the sock. Using the handles gently pull the device upwards. The stocking will slide on. You may find that a jerky motion works best.
  4. When stocking is over calf, pull device away backwards. If necessary, pull the rest of the stocking up by hand.
- Practice will speed up this process. The device is only to be used while person is in a seated position.

**Warning:** Do not use while standing.

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## Ezy™ Sock Helper

Catalog Number 73854-0000  
U.S. Patent #5,632,424

Designed to help the caregiver to place socks on a patient, client or family member. Ideal for home-care, hospice, nursing home or hospital use.

1. Caregiver places the device so that the opening of the half-circle faces away from him/her.
2. Caregiver should place the sock over the column with the heel towards him/her. With both hands drape stocking over the column. **Do not** twist or bunch the stocking. The toe of the sock should be approximately 1" below the top of the column.
3. With the patient in a seated position hold the device such that the opening of the half-circle is facing you, but facing away from the patient.
4. Slip the patient's toe into the sock and gently slide the device forward following the contour of the foot.
5. When the sock reaches the heel slightly angle the device upwards and gently pull in an upward motion.
6. The sock will disengage from the device when the process is complete.

**Warning:** Patient must be seated.

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